



THANK YOU, TRAILBLAZERS!!



Greetings from the TYPPEX team! As recruitment has officially closed, we wanted to write to you all to say a massive thank you for participating in our trial. We could not have done it without your enthusiasm and commitment!

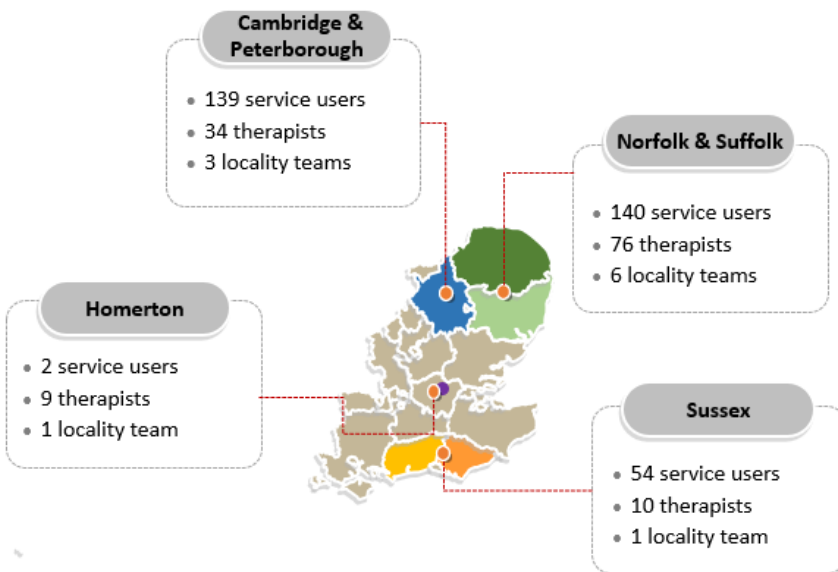
HOUSEKEEPING



- Recruitment for TYPPEX closed on 30th April 2024. As this has now passed, please do not complete any more CAPEs for the TYPPEX study.
- Your regular CBT-ts supervision sessions also ended on this date. Ushma and Michelle will be available for ad hoc telephone/email advice until the 31st of October 2024.
- As this is a research trial, we would not encourage you to use CBT-ts skills, or the resources provided at the training after your specialist supervision has finished. Please remember that the resources are copyrighted and should not be reprinted, shared, or used without permission.

COST EFFECTIVENESS STUDY RECRUITMENT

Thanks to your dedication with completing consent to contacts, 129 therapists have recruited a total of 335 service users into the cost effectiveness study.



WHAT HAPPENS NEXT?

TYPPEX IS NOT GOING ANYWHERE!

We will stay in touch with newsletters like this to let you know what we've been up to, while in the background we analyse the data you've helped us to collect! Check out the flow chart to see what will be going on behind the scenes over the coming months.

Recruitment closed on 30th April 2024. For the cost effectiveness study, participant follow up will continue until October 2024.



Once all the data from the CAPEs you've helped to collect has been received, our statisticians will analyse whether CBT-ts helps to improve recovery outcomes.



After we've received the study results, the team will write up the final report and consider any papers that can be published about the study.



Once the final report has been approved, results will be made available via the website, newsletters and dissemination events after January 2025. Keep your eyes peeled!

THE FACE BEHIND THE EMAILS!



In honour of the end of recruitment, we're sure you'll all join the TYPPEX team in saying a huge "THANK YOU" and sending virtual cake emojis to our Research Associate, Debra Russo, who has been supporting you all throughout the trial and continues to be a vital member of the research team.



HOW CAN I STAY IN TOUCH?

E: typpep@medschl.cam.ac.uk

For clinical queries, please use the above email address and Ushma or Michelle will respond.

<https://typpep.co.uk>

