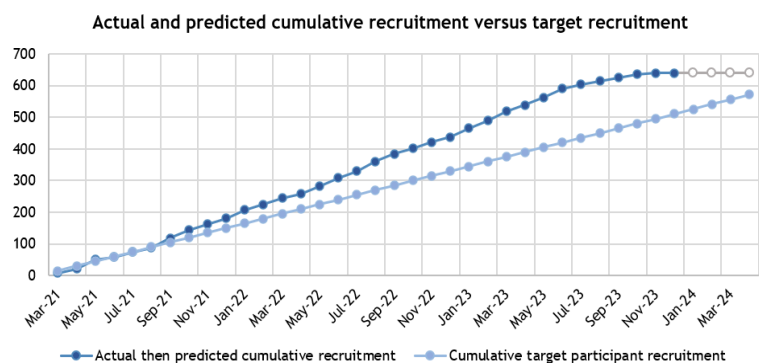


SEASON'S GREETINGS, TRAILBLAZERS!

Another year has passed for the TYPPEX project, and we'd like to say a massive thank you for sharing the adventure with us! As always, we appreciate your support and value your input. With the end of the trial approaching, we can't wait to see what 2024 holds. On behalf of the TYPPEX team, we'd like to wish you all the best for the festive season and a Happy New Year 🥳

PRIMARY OUTCOME RECRUITMENT

Check out our primary outcome recruitment graph from the November 2023 TYPPEX quarterly report.



PROGRAMME TIMELINE

Ushma and Michelle completed the final CBT-ts training in September 2023, with stellar feedback as always! Below is a summary of the current progress of each cohort in the stepped wedge design.

Locality	Control	Training	Consolidation supervision	Group supervision
NS01		Sept 21		
NS05		Sept 21		
CP03		Sept 21		
NS03		May 22		
SP01		May 22		
NS02		Jan 23		
CP02		Jan 23		
HH01		June 23		
NS04		Sept 23		
CP01		Sept 23		
NS06		Sept 23		

Complete (Green)

Ongoing (Yellow)

Not started yet (Blue)

EVENTS

To celebrate 10 years of UKCRC registration in October, Norwich Clinical Trials Unit hosted a Symposium for Clinical Trials in Psychology and Mental Health. The event was hosted by our programme manager Polly. It featured talks from Polly, our very own co-CI Peter Jones, and co-applicant and PI Jo Hodgekins! The event was live tweeted on the programme Twitter and recordings of the talks from the day are available on request.

UPCOMING DATES FOR THE DIARY



Come and see the TYPPEX team! We will be at Cambridge Festival on 16th March 2024, where will be talking all things psychotic experiences and TYPPEX!

Make sure you follow us on X for all the latest updates!
@TYPPEX_Prog.



Got a bright idea or a burning question for the TYPPEX team? Contact us typpe@medschl.cam.ac.uk

PPI UPDATE

Our LEAP group have had a busy year; here's a snapshot of how they've been helping the trial team produce research that has a real-world impact:

- Attended workshops and helped to analyse the Process Evaluation interviews and consolidate the learnings with their lived experience.
- Attended in-person events and meetings with the trial team.
- Created content for the TYPPEX website and provided biographies to be included in the PPI section.
- Currently helping to produce dissemination materials for the Cambridge Festival next year.

Our PPI coordinator Roya has also been facilitating the TYPPEX Involvement Network (TIN) for therapists who have received CBT-ts training and patients who have participated in the Health Economic sub-study. Their collaborative work with LEAP members is already proving valuable.

SPOTLIGHT ON... THE WEBSITE!

Our RA Raquel has been working extremely hard to revamp the TYPPEX website, which will be launched at the beginning of 2024! <https://typpe.co.uk/>

Sneak peek below...



We hope you are all taking a well-earned break over the festive period. The team will be on holiday from 22nd December - 2nd January inclusive. If you need to get in touch during this time, please use the email below and a member of the team will reply as soon as possible.