

Not all heroes use CAPES, but ours do!

Competition Winners

Thank you all for your amazing pet photos. It was not an easy decision but... We would love to introduce to you the joint WINNERS of TYPPEX Pets of 2023.



HOUSEKEEPING + FAQs

- Don't forget we are always on hand to answer any queries. Please let us know if regular reminders of the research steps would be helpful.
- Remember, the threshold for CAPE+ is >1.30 for both frequency and distress scores.
- **Please be aware that patients can only take part in the cost effectiveness sub study once even if they return for additional episode of care.**
- Please remember to use the new version (v2) of our initial information leaflet for patients.
- This describes the research that is happening in the service and what will happen if they are invited and agree to participate. It is very important that you give this leaflet out with the CAPE questionnaire.
- Something new on REDCap! To make participation as convenient as possible, you can now add **clients'** contact preferences on REDCap.

We are thrilled to announce the publication of our latest paper describing the types of PEs experienced in an IAPT setting. To find out more about it click [here](https://doi.org/10.1016/j.jad.2023.10.073) (<https://doi.org/10.1016/j.jad.2023.10.073>).

TRAINING AND SUPERVISION

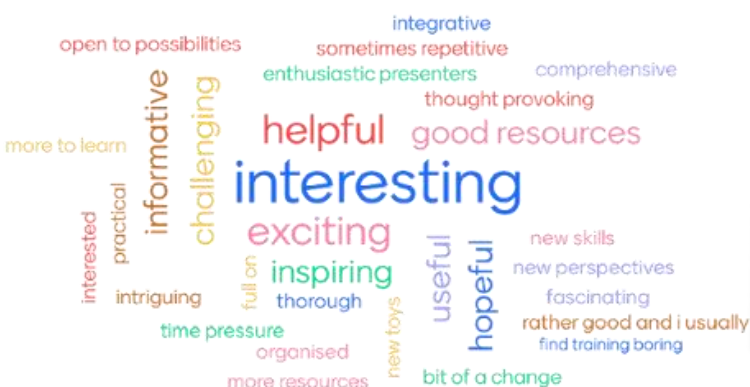
The final teams have now been trained and are receiving supervision. We are delighted that all the training cohorts since 2021 have expressed positive feedback. Our favourites include: Inspiring, Informative, Engaging, Expanded toolbox. Please keep bringing your CAPE+ patients to supervision. We are here to support you!

ENGAGEMENT OPPORTUNITIES

Come see us at the Cambridge Festival on the 16th of March 2024! Make sure you follow us on X, formerly known as Twitter ([@TYPPEX_PROG](https://twitter.com/TYPPEX_PROG)).

TYPPEX WEBSITE LAUNCH 2024

There has been some weaving behind the scenes! Our revamped website will be launched at the start of 2024: <https://typpeX.co.uk/>. Have a sneak peek 😊



Got a bright idea for our next newsletter or a burning question for the TYPPEX team? Contact Debra Russo typpeX@medschl.cam.ac.uk

